

Below is a list of medications and supplements you should discontinue taking two (2) weeks prior to surgery, as well as four (4) days after surgery. Many of these medications and supplements may increase the risk of complications following surgery, and could cause increased bleeding and bruising. Additionally, some may contain ingredients that interfere with sedation or anesthesia.

Please review the list carefully, as many commonly used over-the-counter medications must be avoided. Please note, this list is not all-inclusive, so if you have questions about a medication or supplement you are taking, please contact us.

If you have been prescribed any of these medications or remedies by a physician for a medical condition, please check with both your primary care doctor and us at Glasgold Group prior to stopping the medication.

MEDICATIONS

Medications that contain aspirin:

- Acetylsalicylic Acid (ASA)
- Anacin
- Analgesic Caplets & Tablets
- Ascriptin with Codeine Tablets
- Axotal
- BAC tablets (Butalbital, Aspirin and Caffeine)
- Bayer/Bufferin Aspirins – all varieties Darvon with ASA
- Darvon N with ASA
- Easprin
- Ecotrin
- Empirin with Codeine
- Equagesic
- Excedrin
- Fiorinal
- Glypirin Tablets
- Lortab ASA
- Norgesic/Norgesic Forte
- Orphengesic
- Robaxisal
- Roxiprin
- Zorprin

Non-steroidal anti-inflammatory medications (NSAIDs):

- Advil
- Aleve
- Anaprox
- Ibuprofen
- Indomethacin (Indocin)
- Midol/Motrin
- Naproxen (Naprosyn)

Other Medications:

- Alka-Seltzer
- Alpha Phed Capsules
- Arthritis Pain Formula
- Carisoprodol Compound
- Clinoril
- Contac Cold Medication Damason-P
- Diclofenac (Voltaren)
- Diet pills of any kind
- Diflunisal (Dolobid)
- Di-Gesic Improved
- Dolpron #3
- 4-Way Cold Tablets
- Fiogesic Tablets, Caplets
- Meclofenamate (Meclomen)
- Mefenamic Acid (Ponstel)
- Meprobamate & Aspirin Tablets
- Mobic (Meloxicam)
- Oxycodone
- Percodan/Percodan Demi Tablets Persistin
- Piroxicam (Feldene)
- Soma (Carisoprodol) Compound
- Sulindac (Clinoril)
- Supac
- Synalgos DC Capsules
- Talwin
- Tomerin (Tolectin)
- Vanquish

SUPPLEMENTS

Please discontinue the use of the following supplements two (2) weeks prior to surgery and two (2) weeks after surgery:

- Aloe
- Bilberry
- Cayenne
- Dong Quai
- Echinacea
- Feverfew
- Flaxseed
- Garlic
- Ginger
- Ginkgo Biloba
- Ginseng
- Hawthorne
- Kava Kava
- Licorice Root
- Ma Huang
- Melatonin
- Omega Fish Oil
- Red Clover
- St. John's Wart
- Valerian
- Vitamin E
- Vitamin K
- Yohimbe