



## **POST OPERATIVE INSTRUCTIONS**

### **OTOPLASTY**

The first post operative visit will be on the first or second day after surgery for dressing check and drain removal. The head dressing will remain on for one week. Please notify us if you feel the dressing is too tight.

Tylenol may be taken for any discomfort. Please avoid aspirin, ibuprofen, vitamin e, or products containing these medications for at least 2 weeks after surgery.

Following removal of the head dressing at one week, a headband of any type, similar to a tennis headband, may be worn continuously or when going to bed at night. The doctor will direct this.

The tennis headband should be worn at night while sleeping for 1 month.

Once the head dressing is removed, at one week, your hair may be washed with a mild baby shampoo unless instructed otherwise.

The area of incision behind the ear may be cleansed gently with peroxide, and Vitamin A&D ointment can be applied.

**NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS (732) 846-6540**